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**Numerical Methods for
Differential Equations in Physics**

Temporal Discretization

$$\frac{du}{dt} = f(u) \quad u, f \text{ in } \mathcal{R}^N$$

Goal: turn differential equation into difference equation

First order methods:

Forwards (Explicit) Euler:

$$u^{\text{FE}}(t + \Delta t) = u^{\text{FE}}(t) + \Delta t f(u^{\text{FE}}(t))$$

explicit: “=” is an assignment statement

Backwards (Implicit) Euler:

$$u^{\text{BE}}(t + \Delta t) = u^{\text{BE}}(t) + \Delta t f(u^{\text{BE}}(t + \Delta t))$$

implicit: “=” is an equation to be solved for $u^{\text{BE}}(t + \Delta t)$

Taylor series:

$$\begin{aligned}u(t + \Delta t) &= u(t) + \Delta t \frac{du}{dt} + \frac{\Delta t^2}{2} \frac{d^2u}{dt^2} + \dots \\ &= u(t) + \Delta t f(u(t)) + \frac{\Delta t^2}{2} f'(u(t)) f(u(t)) + \dots\end{aligned}$$

Forwards (Explicit) Euler:

$$u^{\text{FE}}(t + \Delta t) = u^{\text{FE}}(t) + \Delta t f(u^{\text{FE}}(t))$$

Backwards (Implicit) Euler:

$$\begin{aligned}u^{\text{BE}}(t + \Delta t) &= u^{\text{FE}}(t) + \Delta t f(u^{\text{BE}}(t + \Delta t)) \\ &= u^{\text{BE}}(t) + \Delta t (f(u^{\text{BE}}(t)) + \Delta t f'(u^{\text{BE}}(t)) f(u^{\text{BE}}(t)) + \dots) \\ &= u^{\text{BE}}(t) + \Delta t f(u^{\text{BE}}(t)) + \Delta t^2 f'(u^{\text{BE}}(t)) f(u^{\text{BE}}(t)) + \dots\end{aligned}$$

First order: Δt terms match Taylor series but not Δt^2 terms

Second order methods:

Adams-Bashforth (explicit)

$$u^{\text{AB}}(t+\Delta t) = u^{\text{AB}}(t) + \Delta t \left(\frac{3}{2}f(u^{\text{AB}}(t)) - \frac{1}{2}f(u^{\text{AB}}(t - \Delta t)) \right)$$

Crank-Nicolson (implicit) also called trapezoidal

$$u^{\text{CN}}(t+\Delta t) = u^{\text{CN}}(t) + \Delta t \left(\frac{1}{2}f(u^{\text{CN}}(t)) + \frac{1}{2}f(u^{\text{CN}}(t + \Delta t)) \right)$$

Backwards Differentiation (implicit)

$$u^{\text{BD}}(t+\Delta t) = \frac{4}{3}u^{\text{BD}}(t) - \frac{1}{3}u^{\text{BD}}(t-\Delta t) + \frac{2}{3}\Delta t f(u^{\text{BD}}(t+\Delta t))$$

Second order: Δt , Δt^2 terms match Taylor series but not Δt^3

For fixed T , take $T/\Delta t$ steps

If one-step error is Δt^p ,

total error at time T is $(T/\Delta t)\Delta t^p = T\Delta t^{p-1}$

First-order methods have one-step error Δt^2
and fixed-time error Δt

Second-order methods have one-step error Δt^3
and fixed-time error Δt^2

Have assumed $f(u(t))$, but can also have $f(u(t), t)$

Second or higher order differential equations:

Write $u_0 = u$, $u_1 = u'$, $u_2 = u''$, etc.

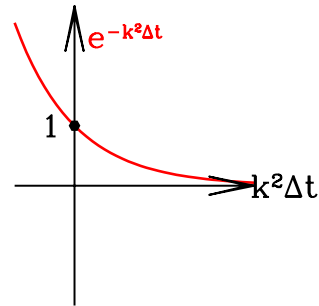
$$\frac{du}{dt} = f(u) \quad u = (u_0, u_1, \dots), f = (f_0, f_1, \dots)$$

Stability: example of heat equation with periodic boundary conditions

$$\begin{aligned}\partial_t u &= \partial_{xx} u \\ u(x, t) &= \sum_{k=1}^{k_{max}} \hat{u}_k(t) \sin kx \\ \partial_t \hat{u}_k &= -k^2 \hat{u}_k\end{aligned}$$

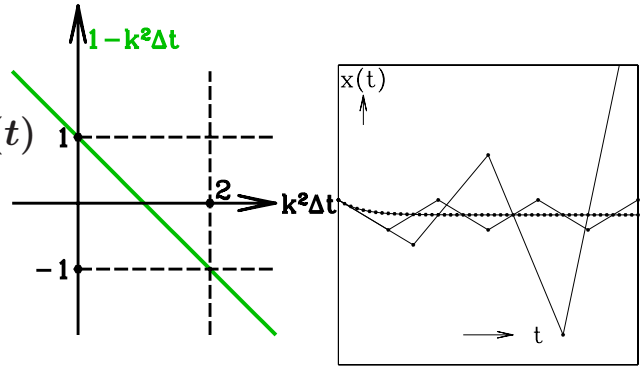
EXACT SOLUTION

$$\hat{u}_k(t + \Delta t) = e^{-k^2 \Delta t} \hat{u}_k(t)$$



EXPLICIT EULER

$$\begin{aligned}\hat{u}_k^{\text{FE}}(t + \Delta t) &= \hat{u}_k^{\text{FE}}(t) - k^2 \Delta t \hat{u}_k^{\text{FE}}(t) \\ &= (1 - k^2 \Delta t) \hat{u}_k^{\text{FE}}(t)\end{aligned}$$



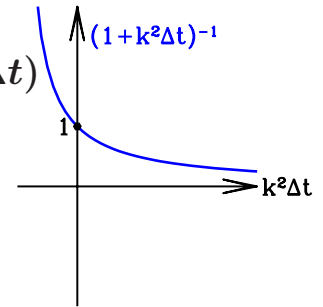
$$\text{As } k_{max} \rightarrow \infty, \Delta t_{max} = \frac{2}{k_{max}^2} \rightarrow 0$$

IMPLICIT EULER

$$\begin{aligned}\hat{u}_k^{\text{BE}}(t + \Delta t) &= \hat{u}_k^{\text{BE}}(t) - k^2 \Delta t \hat{u}_k^{\text{BE}}(t + \Delta t) \\ (1 + k^2 \Delta t) \hat{u}_k^{\text{BE}}(t + \Delta t) &= \hat{u}_k^{\text{BE}}(t) \\ \hat{u}_k^{\text{BE}}(t + \Delta t) &= (1 + k^2 \Delta t)^{-1} \hat{u}_k^{\text{BE}}(t)\end{aligned}$$

Matrix version:

$$u^{\text{BE}}(t + \Delta t) = (I - \Delta t L)^{-1} u^{\text{BE}}(t)$$



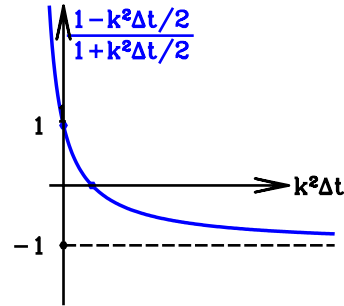
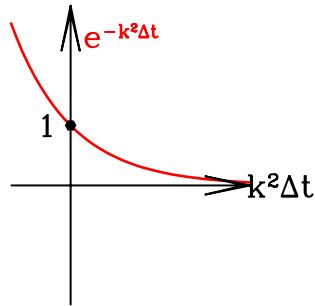
Crank-Nicolson:

$$u^{\text{CN}}(t + \Delta t) = u^{\text{CN}}(t) + \frac{\Delta t}{2} (f(u^{\text{CN}}(t)) + f(u^{\text{CN}}(t + \Delta t)))$$

$$u^{\text{CN}}(t + \Delta t) - \frac{\Delta t}{2} f(u^{\text{CN}}(t + \Delta t)) = u^{\text{CN}}(t) + \frac{\Delta t}{2} f(u^{\text{CN}}(t))$$

$$\left(1 + \frac{k^2 \Delta t}{2}\right) \hat{u}_k^{\text{CN}}(t + \Delta t) = \left(1 - \frac{k^2 \Delta t}{2}\right) \hat{u}_k^{\text{CN}}(t)$$

$$\hat{u}_k^{\text{CN}}(t + \Delta t) = \frac{1 - \frac{k^2 \Delta t}{2}}{1 + \frac{k^2 \Delta t}{2}} \hat{u}_k^{\text{CN}}(t)$$



|Amp. factor| < 1 but spurious large- k behavior: slow oscillatory decay

A-stable methods:

$$\frac{du}{dt} = -k^2 u \implies u_{\text{exact}}(t) = e^{-k^2 t}$$

$$\implies \lim_{t \rightarrow \infty} u_{\text{exact}}(t) = 0$$

$$\text{A-stable method} \implies \lim_{t \rightarrow \infty} u_{\text{numerical}}(t) = 0$$

Define $q \equiv -k^2 \Delta t$ and generalize to q complex

Define amplification factor $\Phi(q)$

Consider behavior for $\mathcal{R}e(q) < 0$

A-stable: $|\Phi(q)| < 1$

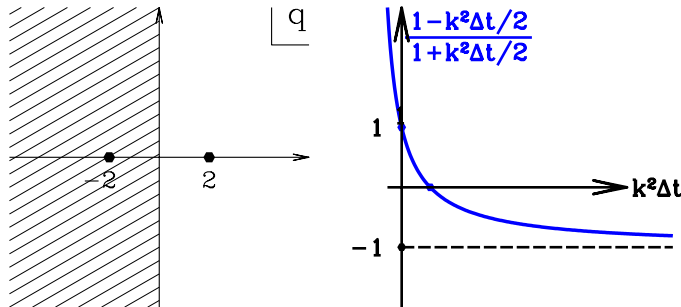
L-stable: $|\Phi(q)| \rightarrow 0$ as $q \rightarrow \infty$

Crank-Nicolson: seek stability region in complex plane, where

$$|\Phi^{\text{CN}}(q)| \equiv \left| \frac{1 + q/2}{1 - q/2} \right| \leq 1$$

$$|1 + q/2| \leq |1 - q/2|$$

q is closer to -2 than to 2 : q is in left half plane



A-stable \iff stability region contains negative real axis

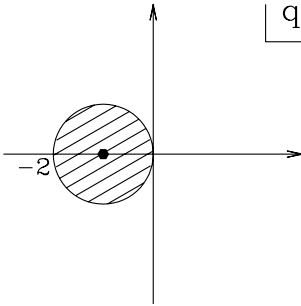
\iff For $\mathcal{R}e(q) < 0$, have $|\Phi(q)| < 1$ \checkmark YES

L-stable \iff For $\mathcal{R}e(q) < 0$, have $|\Phi(q)| \rightarrow 0$ as $q \rightarrow \infty$

\times NO

Forwards Euler

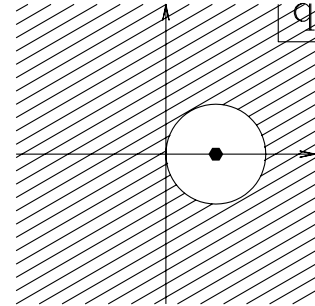
$$|1 + q| < 1$$



Backwards Euler

$$1/|1 - q| < 1$$

$$|1 - q| > 1$$



For q real, require $-2 < q < 0$

All $q < 0$ in stability region

Adams-Bashforth:

$$\begin{aligned}u^{\text{AB}}(t + \Delta t) &= u^{\text{AB}}(t) + \frac{\Delta t}{2} (3f(u^{\text{AB}}(t)) - f(u^{\text{AB}}(t - \Delta t))) \\ &= u^{\text{AB}}(t) + q \left(\frac{3}{2}u^{\text{AB}}(t) - \frac{1}{2}u^{\text{AB}}(t - \Delta t) \right)\end{aligned}$$

$$\begin{pmatrix} u^{\text{AB}}(t + \Delta t) \\ u^{\text{AB}}(t) \end{pmatrix} = \begin{pmatrix} 1 + \frac{3q}{2} & -\frac{q}{2} \\ 1 & 0 \end{pmatrix} \begin{pmatrix} u^{\text{AB}}(t) \\ u^{\text{AB}}(t - \Delta t) \end{pmatrix}$$

Require that both eigenvalues obey $|\lambda| < 1$

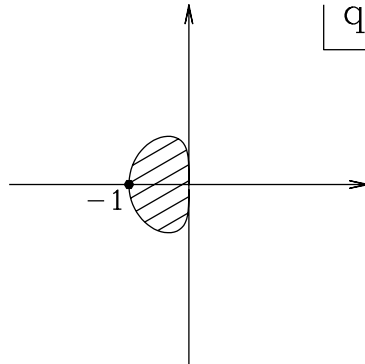
Eigenvalues λ obey characteristic polynomial

$$\begin{aligned}0 &= \left(1 + \frac{3q}{2} - \lambda \right) (-\lambda) + \frac{q}{2} \\ &= \lambda^2 - \lambda \left(1 + \frac{3q}{2} \right) + \frac{q}{2}\end{aligned}$$

$$\frac{q}{2} = \frac{\lambda^2 - \lambda}{3\lambda - 1}$$

Set $\lambda = e^{i\theta}$:

$$\begin{aligned}\frac{q}{2} &= \frac{\lambda^2 - \lambda}{3\lambda - 1} = \frac{e^{2i\theta} - e^{i\theta}}{3e^{i\theta} - 1} = \frac{\cos 2\theta - \cos \theta + i(\sin 2\theta - \sin \theta)}{(3 \cos \theta - 1) + 3i \sin \theta} \\ &= \frac{(\cos 2\theta - \cos \theta)(3 \cos \theta - 1) + (\sin 2\theta - \sin \theta)3 \sin \theta}{(3 \cos \theta - 1)^2 + (3 \sin \theta)^2} \\ &+ i \frac{(\cos 2\theta - \cos \theta)(-3 \sin \theta) + (\sin 2\theta - \sin \theta)(3 \cos \theta - 1)}{(3 \cos \theta - 1)^2 + (3 \sin \theta)^2}\end{aligned}$$



not A-stable

Backwards Differentiation:

$$\begin{aligned}u^{\text{BD}}(t + \Delta t) &= \frac{4}{3}u^{\text{BD}}(t) - \frac{1}{3}u^{\text{BD}}(t - \Delta t) + \frac{2}{3}\Delta t f(u^{\text{BD}}(t + \Delta t)) \\ &= \frac{4}{3}u^{\text{BD}}(t) - \frac{1}{3}u^{\text{BD}}(t - \Delta t) + \frac{2}{3}qu^{\text{BD}}(t + \Delta t)\end{aligned}$$

$$\left(1 - \frac{2}{3}q\right) u^{\text{BD}}(t + \Delta t) = \frac{4}{3}u^{\text{BD}}(t) - \frac{1}{3}u^{\text{BD}}(t - \Delta t)$$

$$u^{\text{BD}}(t + \Delta t) = \frac{1}{1 - \frac{2q}{3}} \left(\frac{4}{3}u^{\text{BD}}(t) - \frac{1}{3}u^{\text{BD}}(t - \Delta t) \right)$$

$$\begin{pmatrix} u^{\text{BD}}(t + \Delta t) \\ u^{\text{BD}}(t) \end{pmatrix} = \begin{pmatrix} \frac{4}{3-2q} & \frac{-1}{3-2q} \\ 1 & 0 \end{pmatrix} \begin{pmatrix} u^{\text{BD}}(t) \\ u^{\text{BD}}(t - \Delta t) \end{pmatrix}$$

Eigenvalues λ obey characteristic polynomial

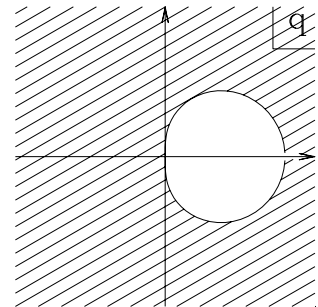
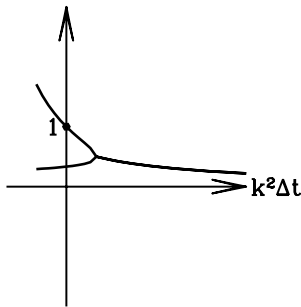
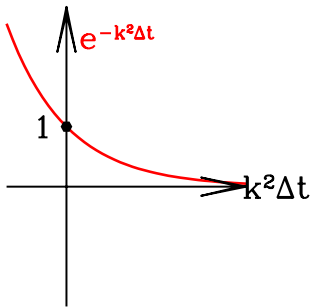
$$\begin{aligned}0 &= \left(\frac{4}{3-2q} - \lambda \right) (-\lambda) + \frac{1}{3-2q} \\ (2q-3) &= -\frac{4}{\lambda} + \frac{1}{\lambda^2}\end{aligned}$$

Require that both eigenvalues obey $|\lambda| < 1$ so set $\lambda = e^{i\theta}$

$$(2q - 3) = -\frac{4}{e^{i\theta}} + \frac{1}{e^{2i\theta}}$$

$$= -4(\cos \theta - i \sin \theta) + (\cos 2\theta - i \sin 2\theta)$$

$$q = \frac{1}{2} (3 - 4 \cos \theta + \cos 2\theta + i[4 \sin \theta - \sin 2\theta])$$



A-stable

General formalism:

$$\sum_{j=0}^s \alpha_j u^{n+1-j} = \Delta t \sum_{j=0}^s \beta_j f(u^{n+1-j})$$

Degrees of freedom $\{\alpha_j\}, \{\beta_j\}$ allow many routes to order- p accuracy.
Scale by setting $\alpha_0 = 1$. Explicit $\iff \beta_0 = 0$:

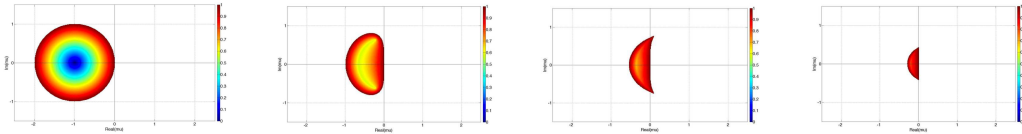
$$u^{n+1} = \sum_{j=1}^s (-\alpha_j u^{n+1-j} + \Delta t \beta_j f(u^{n+1-j}))$$

Adams-Bashforth (explicit): $\alpha_0 = 1, \alpha_1 = -1, \alpha_{j \geq 2} = 0, \beta_0 = 0$
Select $\beta_{1 \leq j \leq p}$ to achieve p -order accuracy.

Adams-Moulton (implicit): $\alpha_0 = 1, \alpha_1 = -1, \alpha_{j \geq 2} = 0$
Select $\beta_{0 \leq j \leq p-1}$ to achieve p -order accuracy.

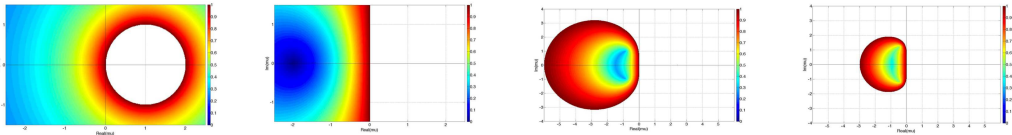
Backwards-Differentiation (implicit): $\alpha_0 = 1, \beta_{j \geq 1} = 0$
Select $\beta_0, \alpha_{1 \leq j \leq p}$ to achieve p -order accuracy.

Stability regions of Adams-Bashforth formulas:



Forwards Euler

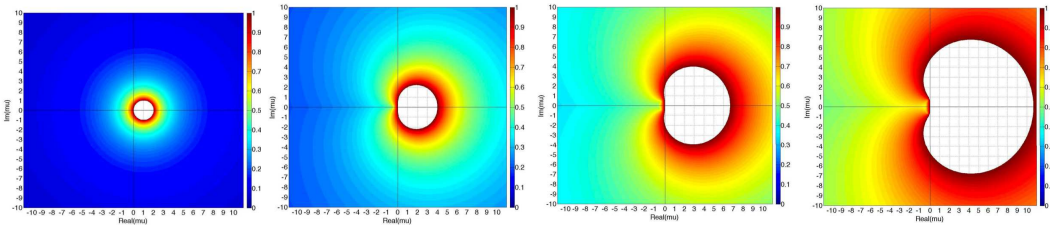
Stability regions of Adams-Moulton formulas:



Backwards Euler

Crank-Nicolson

Stability regions of Backwards Differentiation formulas:



Backwards Euler

order 1

order 2

order 3

order 4

In general, increasing accuracy \implies decreasing stability

A-stable methods must be implicit and at most second order.

Explicit methods approximate exponential by polynomial:

Necessarily grow as $q \rightarrow \pm\infty$

Implicit methods approximate the exponential by a rational.

What about using the exponential itself?

This is sometimes possible if the operator:

–is linear

–can be cheaply diagonalized

Exponential of a matrix with real eigenvalues

$$e^{Lt} = I + tL + \frac{t^2}{2}L^2 + \dots$$

$$= VV^{-1} + tV\Lambda V^{-1} + \frac{t^2}{2}V\Lambda V^{-1} V\Lambda V^{-1} +$$

$$= V \left[I + t\Lambda + \frac{t^2}{2}\Lambda^2 + \dots \right] V^{-1} = V e^{\Lambda t} V^{-1}$$

$$\Lambda^2 = \begin{pmatrix} \lambda_1 & 0 \\ 0 & \lambda_2 \end{pmatrix} \begin{pmatrix} \lambda_1 & 0 \\ 0 & \lambda_2 \end{pmatrix} = \begin{pmatrix} \lambda_1^2 & 0 \\ 0 & \lambda_2^2 \end{pmatrix}$$

$$e^{t\Lambda} = \begin{pmatrix} 1 + t\lambda_1 + \frac{(t\lambda_1)^2}{2} + \dots & 0 \\ 0 & 1 + t\lambda_2 + \frac{(t\lambda_2)^2}{2} + \dots \end{pmatrix}$$

$$= \begin{pmatrix} e^{t\lambda_1} & 0 \\ 0 & e^{t\lambda_2} \end{pmatrix}$$

Imaginary Eigenvalues

$$L = \begin{pmatrix} 0 & -\omega \\ \omega & 0 \end{pmatrix} \quad \lambda_{\pm} = \pm i\omega$$

$$L^2 = \begin{pmatrix} 0 & -\omega \\ \omega & 0 \end{pmatrix} \begin{pmatrix} 0 & -\omega \\ \omega & 0 \end{pmatrix} = \begin{pmatrix} -\omega^2 & 0 \\ 0 & -\omega^2 \end{pmatrix}$$

$$L^3 = \begin{pmatrix} 0 & -\omega \\ \omega & 0 \end{pmatrix} \begin{pmatrix} -\omega^2 & 0 \\ 0 & -\omega^2 \end{pmatrix} = \begin{pmatrix} 0 & \omega^3 \\ -\omega^3 & 0 \end{pmatrix}$$

$$e^{Lt} = I + tL + \frac{t^2}{2}L^2 + \frac{t^3}{6}L^3 + \dots$$

$$= \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} + t \begin{pmatrix} 0 & -\omega \\ \omega & 0 \end{pmatrix} + \frac{t^2}{2} \begin{pmatrix} -\omega^2 & 0 \\ 0 & -\omega^2 \end{pmatrix} + \frac{t^3}{6} \begin{pmatrix} 0 & \omega^3 \\ -\omega^3 & 0 \end{pmatrix}$$

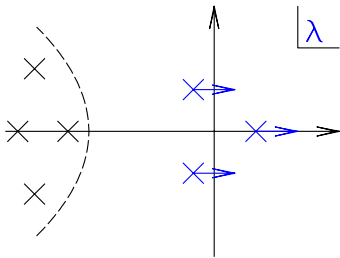
$$= \begin{pmatrix} 1 - \frac{1}{2}(t\omega)^2 + \dots & -t\omega + \frac{1}{6}(t\omega)^3 + \dots \\ t\omega - \frac{1}{6}(t\omega)^3 + \dots & 1 - \frac{1}{2}(t\omega)^2 + \dots \end{pmatrix}$$

$$= \begin{pmatrix} \cos(\omega t) & -\sin(\omega t) \\ \sin(\omega t) & \cos(\omega t) \end{pmatrix}$$

Complex Eigenvalues:

$$\exp \left[t \begin{pmatrix} \mu & -\omega \\ \omega & \mu \end{pmatrix} \right] = e^{\mu t} \begin{pmatrix} \cos(\omega t) & -\sin(\omega t) \\ \sin(\omega t) & \cos(\omega t) \end{pmatrix}$$

Mixed spectrum:



$$\Lambda = \begin{bmatrix} \lambda_1 & 0 & 0 & 0 \\ 0 & \mu & -\omega & 0 \\ 0 & \omega & \mu & 0 \\ 0 & 0 & 0 & \lambda_4 \end{bmatrix}$$

$$\text{Re}(\lambda_1) \geq \text{Re}(\lambda_2) = \text{Re}(\lambda_3) \geq \text{Re}(\lambda_4)$$

$$\exp(\Lambda t) = \begin{bmatrix} e^{\lambda_1 t} & 0 & 0 & 0 \\ 0 & e^{\mu t} \cos(\omega t) & -e^{\mu t} \sin(\omega t) & 0 \\ 0 & e^{\mu t} \sin(\omega t) & e^{\mu t} \cos(\omega t) & 0 \\ 0 & 0 & 0 & e^{\lambda_4 t} \end{bmatrix}$$

Holds for any analytic function $f(L)$

$$\begin{aligned} f(L) &= \sum_j \frac{1}{j!} f^{(j)}(0) L^j \\ &= \sum_j \frac{1}{j!} f^{(j)}(0) (V \Lambda V^{-1})^j \\ &= V \left[\sum_j \frac{1}{j!} f^{(j)}(0) \Lambda^j \right] V^{-1} = V f(\Lambda) V^{-1} \end{aligned}$$

where

$$f(\Lambda) = f \begin{pmatrix} \lambda_1 & & & \\ & \lambda_2 & & \\ & & \dots & \\ & & & \lambda_N \end{pmatrix} = \begin{pmatrix} f(\lambda_1) & & & \\ & f(\lambda_2) & & \\ & & \dots & \\ & & & f(\lambda_N) \end{pmatrix}$$

$$\frac{du}{dt} = Lu \implies u(t) = e^{Lt}u(0)$$

$$u(0)$$

↓

$$V^{-1}u(0)$$

↓

$$e^{t\Lambda}V^{-1}u(0)$$

↓

$$Ve^{t\Lambda}V^{-1}u(0) = e^{Lt}u(0)$$

multiply by matrix V^{-1}

multiply by diagonal matrix $e^{\Lambda t}$

multiply by matrix V

Example: Heat Equation

$$\begin{aligned}\partial_t u &= \partial_{xx}^2 u \\ u(x, t) &= \sum_{k=1}^{k_{max}} \hat{u}_k(t) \sin kx \\ \partial_t \hat{u}_k &= -k^2 \hat{u}_k\end{aligned}$$

Begin with $u(x_j, t = 0)$ on a grid of values $\{x_0, x_1, \dots, x_n\}$

Take Fourier transform: $\{u(x_j, t = 0)\} \implies \{\hat{u}_k(t = 0)\}$

$$\hat{u}_k(t) = e^{-k^2 t} \hat{u}_k(t = 0)$$

Take inverse Fourier transform: $\{\hat{u}_k(t)\} \implies \{u(x_j, t)\}$

Complete answer valid for all time.

Not usually possible, since most problems are:

–not linear

–not easily diagonalized

but exponential integration can be combined with other ideas

Time-splitting for $\frac{du}{dt} = Lu + N(u)$

Backwards Euler / Forwards Euler:

$$u(t + \Delta t) = u(t) + \Delta t Lu(t + \Delta t) + \Delta t N(u(t))$$

$$(I - \Delta t L)u(t + \Delta t) = u(t) + \Delta t N(u(t))$$

$$u(t + \Delta t) = (I - \Delta t L)^{-1} [u(t) + \Delta t N(u(t))]$$

Exponential / Forwards Euler:

$$u(t + \Delta t) = e^{L\Delta t}u(t) + e^{L\Delta t/2}\Delta t N(u(t))$$

Exponential / Adams-Bashforth:

$$u(t + \Delta t) = e^{L\Delta t}u(t) + e^{L\Delta t/2}\frac{\Delta t}{2} (3N(u(t)) - N(u(t - \Delta t)))$$

$$\frac{du}{dt} = Lu + N(u)$$

Equivalent integral equation:

$$u(t + \Delta t) = e^{L\Delta t} \left[u(t) + \int_t^{t+\Delta t} d\tau e^{-L(\tau-t)} N(u(\tau)) \right]$$

Approximate $e^{-L(\tau-t)}$ by a constant:

$$\text{value at } \tau = t : \int_t^{t+\Delta t} d\tau N(u(\tau))$$

$$\text{value at } \tau = t + \Delta t : e^{-L\Delta t} \int_t^{t+\Delta t} d\tau N(u(\tau))$$

$$\text{value at } \tau = t + \Delta t/2 : e^{-L\Delta t/2} \int_t^{t+\Delta t} d\tau N(u(\tau))$$

$$\text{average value : } \frac{1 - e^{-L\Delta t} - 1}{L\Delta t} \int_t^{t+\Delta t} d\tau N(u(\tau))$$

Integration scheme for N :

$$\frac{du_N}{dt} = N(u_N) \Leftrightarrow u_N(t + \Delta t) - u(t) \approx \int_t^{t+\Delta t} d\tau N(u_N(\tau))$$

Resulting “slaved exponential” integration scheme

$$u(t + \Delta t) = e^{L\Delta t}u(t) + \frac{e^{L\Delta t} - 1}{L\Delta t}(u_N(t + \Delta t) - u(t))$$

If $N(u) = N$ is constant, scheme gives exact soln. for all t :

$$u(t) = e^{Lt}u(0) + \frac{e^{Lt} - 1}{L}N$$

As $t \rightarrow \infty$, if L has negative eigs, then $u(t) \rightarrow -L^{-1}N$

If N is not constant but has a slower timescale than L , then numerical scheme is accurate for all Δt on timescale of N .

Runge-Kutta Methods

RK2 (two evaluations of f per timestep, order 2)

$$U_1 = u(t)$$

$$U_2 = u(t) + \Delta t f(U_1)$$

$$u(t + \Delta t) = u(t) + \frac{\Delta t}{2} (f(U_1) + f(U_2))$$

RK4 (four evaluations of f per timestep, order 4)

$$F_1 = f(u(t))$$

$$F_2 = f\left(u(t) + \frac{\Delta t}{2} F_1\right)$$

$$F_3 = f\left(u(t) + \frac{\Delta t}{2} F_2\right)$$

$$F_4 = f(u(t) + \Delta t F_3)$$

$$u(t + \Delta t) = u(t) + \frac{\Delta t}{6} (F_1 + 2F_2 + 2F_3 + F_4)$$

Many others

For conservative (Hamiltonian, area-preserving) systems, numerical method should also preserve area.

Oscillator:

$$\frac{d^2u}{dt^2} = -\omega^2 u \iff \begin{cases} \frac{du}{dt} = -\omega v \\ \frac{dv}{dt} = \omega u \end{cases}$$

$$\frac{d}{dt} \begin{pmatrix} u \\ v \end{pmatrix} = \begin{pmatrix} 0 & -\omega \\ \omega & 0 \end{pmatrix} \begin{pmatrix} u \\ v \end{pmatrix}$$

or

$$\frac{d}{dt}(u + iv) = i\omega(u + iv)$$

Set $q = i\omega\Delta t$ and consider $|\Phi(q)|$

Forwards Euler:

$$\Phi^{\text{FE}}(i\omega\Delta t) = 1 + i\omega\Delta t$$
$$|\Phi^{\text{FE}}(i\omega\Delta t)|^2 = 1 + (\omega\Delta t)^2 > 1$$

Increases area

Backwards Euler:

$$\Phi^{\text{BE}}(i\omega\Delta t) = \frac{1}{1 - i\omega\Delta t}$$
$$|\Phi^{\text{BE}}(i\omega\Delta t)|^2 = \frac{1}{1 + (\omega\Delta t)^2} < 1$$

Decreases area

Crank-Nicolson:

$$\Phi^{\text{CN}}(i\omega\Delta t) = \frac{1 + i\omega\Delta t/2}{1 - i\omega\Delta t/2}$$
$$|\Phi^{\text{CN}}(i\omega\Delta t)|^2 = 1 \quad \text{Preserves area}$$